Developmental Psychology 21024-20255p

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Erikson's stages

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Erikson's theory explains how people grow and develop through life in eight stages. Each stage has a major challenge to overcome. Infants learn to trust others; Toddlers learn to do things by themselves. Preschoolers learn to experiment without feeling bad. School-age children work hard to feel good about what they can do. Adolescents find out who they are. young adults form close relationships. In middle age, people try to serve others and become useful to them. Old people look back at life and try to feel proud. Overcoming each obstacle makes people strong and confident. Finally, his eight stages of psychosocial development, each one with a specific conflict or crisis that people face. Effective resolution of every phase result in positive personality formation and a sense of morality, while failure might bring about troubles in subsequent stages.

I wish for my descendants to live a car free life. I wish they are at peace and with people they love, the people that love them. I hope they are healthy and content. I wish they would wake up every day with a smile. I hope they enjoy the work they are doing and love what they are doing. They do not need to be rich with money, but I wish for them to be rich love.